

Bridget McCarthy

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 (she/they)

Work Experience

- **Association of Mental Health Coordinators**

Co-Founder, Director of Education & Advocacy, 2022 to Present

- Duties include maintaining and improving curriculum quality, course design and implementation, recruiting, retention activities, mentoring students, managing safety protocols, marketing the program, creation and execution of skills-based workshops, cultivating cross organizational partnerships with National Society of Intimacy Professionals, National Council on Mental Wellbeing, and Intimacy Directors and Coordinators.
- Providing internal EAP services, including one on one support sessions with employees, offering mental health and performance coaching within specific guidelines, offering conflict mediation and concern resolution services, referrals for holistic wellness services
 - Mental health first aid and trauma informed training
 - Policy audits, policy consultation, policy creation across the consulting organizations, and. training to support effective implementation of policies.

- **Atlanta Artist Relief Fund**

Executive Director, 2020 to 2022

- Scaled a grassroots, volunteer meal train to a fully operational 501(c)3 direct service agency with the following accomplishments within 18 months:
 - six staff members
 - a service capacity of 3,000 clients
 - 524 clients on full therapy scholarships
 - \$390k operating budget, raised through private and public funders.
- Organizational Leadership: managing company assets, optimizing financial operations, strategic planning, providing leadership and professional development to staff, establishing business goals, ensuring tax and legal compliance in the human service sphere, overseeing and streamlining daily operations, improving staff performance
- Clinical Duties/Case Management: managing therapy scholarship program, cross sector partnerships, individual case management, crisis intervention, managing and ensuring HIPAA and other compliance

- **Connecticut Department of Corrections**

Expressive Arts Program Manager, August 2016 to June 2017

- Cultivated a trauma informed, resilience focused environment which encouraged participants to practice safe exploration and self-expression.
- Facilitated therapeutic art, dance, writing, and theatre programs for incarcerated women in groups of up to twenty-five participants, their families, and correctional supervising officers.
- Coordinated prison wide performances of devised material with participants.

- **Elm Shakespeare Company**

Education Associate and Camp Manager, August 2018 to May 2020

- Duties include teaching Acting for kids (grades 2-12) through acting games and scene work, voice, directing final projects, organizing workshops, finding sponsorships. Teaching

masterclasses on Shakespeare and performance, supportive the creation of a devised Shakespeare performance. Organizing said performance for community members and families of New Haven Housing Authority.

- **Connecticut Department of Corrections**

Expressive Arts Program Manager, August 2018 to February 2019

- Cultivated a trauma informed, resilience focused environment which encouraged participants to practice safe exploration and self-expression.
- Facilitated therapeutic art, dance, writing, and theatre programs for incarcerated women in groups of up to twenty-five participants, their families, and correctional supervising officers.
- Coordinated prison wide performances of devised material with participants.

- **Cincinnati Shakespeare Company**

Acting Intern and Tour Manager, August 2017 to June 2018

- Nine months of school based touring of *The Merry Wives of Windsor*, *Romeo and Juliet*, and *Macbeth* (including tour management duties). Theatre based internship duties included: administrative calls (assisting front of house and admin with tasks), event support, crew calls (assisting scene, prop, and lighting designers with builds, hangs, and painting), understudy performance tracks. Creating curriculum and teaching education program classes in schools and at the theatre.

- **Atlanta Shakespeare Company**

Acting Apprentice, August 2016 to June 2017

- Yearlong intensive study of Shakespeare and the practice of operating a nonprofit theatre ensemble based company. Responsibilities included ensemble and understudy performance tracks, touring of school productions, teaching education program classes in schools and at the theatre. Text, fight, madrigal, and movement classes included.

- **Shakespeare Behind Bars**

Facilitator, May 2015 to August 2016

- Cultivated a trauma informed, resilience focused environment which encouraged participants to practice safe exploration and self-expression. Facilitated therapeutic drama programs, including creating, rehearsing, and performing original pieces for incarcerated audiences and artists
- Worked with incarcerated individuals in groups of up to seventy in detention settings with programming facilitated in Michigan, Kentucky, Georgia, Ohio, and Connecticut with adults and adolescent participants and their families
- Logistical program management (transportation, in collaboration with the corrections facility and state and federal agencies, coordinating all compliance, and training)

- **Pigeon Creek Shakespeare Company**

Season Ensemble Member, May 2013 to August 2016

- Touring productions of *The School for Scandal*, *Richard II*, *The Duchess of Malfi*, *The Tempest*, *Henry IV, As You Like It*, and a remount of *School for Scandal* this summer. Touring duties alongside about ten actors to venues across Michigan and the Midwest. Other duties included ensemble direction duties, teach workshops and engaging with students, build sets, and execute musical sets before, during, and after performances.

Theatrical Education/Training

- **Hope College**
 - *Bachelors of Arts: Theatre*
 - Styles (Shakespeare, Comedia, Checkhov, Restoration), Movement (Laban, Viewpoints, Alexander.), Stage Combat, Voice (IPA, Diction, Fitzmaurice Method), Dialects (British, Northern Irish, French, Standard American), Improv, Acting for the Camera, Mime, Mask

- **Theatrical Intimacy Education**
 - Best Practices (2020)
 - Consent in the Acting Classroom (2021)
 - Working with Minors (2021)
 - Theatrical Studio Techniques/Casting/Policy (2021)
 - Intimacy Choreography (2021)

- **Intimacy Directors & Coordinators**
 - Level 1 Certification Training Series (2021)
 - Level 2 Certification Training Series (2021)
 - Workshops:
 - Trauma Informed Intimacy (2021)
 - Decolonizing Intimacy Practice (2021)

- **Society of American Fight Directors**
 - *Recommended Pass in Rapier Dagger, and Unarmed (all expire 2024)*

- **Shakespeare and Company**
 - Shakespeare and Gender: Tina Packer and Denis Krausnki (2016)
 - Weekend Intensive: Gwendolyn Schwinke and Sheila Bandyopadhyay (2022)

- **Atlanta Shakespeare Company**
 - Year Long Apprenticeship (2016-2017)
 - Acting: Linklater progression (Andrew Houchins), text training (Shakespeare and Company Progression)
 - Fight Training Education Series: 60 hours of training in unarmed, Rapier/Dagger, single sword, and broadsword
 - Music: Madrigal study, introduction to renaissance music, sight reading

- **Cincinnati Shakespeare Company**
 - Year Long Apprenticeship (2017-2018)
 - Performance Duties: Touring 90 minute cuts of *Merry Wives of Windsor*, *Macbeth*, *Romeo and Juliet*, and *Shakespeare for Young Audiences*. Tour manager responsibilities include travel logistics, and production management of a touring company.
 - Understudy Duties: understudy 10 mainstage productions, multiple tracks covered each.
 - Education: teach workshops and classes across the tristate area.

- **Frantic Assembly**
 - CREATE Intensive, 60 Hours (2022)

Mental Health, Trauma, and Counseling Education/Training

- **New England College**
 - M.S. Clinical Counseling
 - Human Development, Human Sexuality, Ethics, Psychopathology and the DSM, Psychopharmacology, Group Counseling, Counseling Techniques, Advanced Treatment Planning, Crisis and Trauma Counseling, Career Counseling, Social and Cultural Competencies
- **National Council for Mental Wellbeing**
 - Certified Instructor: Adult Mental Health First Aid (exp. May 2025)
 - Certified in Adult Mental Health First Aid, (exp. 2024)
 - Certified Youth Mental Health First Aid (exp. 2024)
- **Starr Commonwealth**
 - Certified Trauma and Resilience Practitioner (exp. May 2024)
- **Trauma Institute International**
 - Certified Trauma Support Specialist (exp. September 2026)
- **Zero Suicide Alliance**
 - Reduction of Lethal Means Training (2022)
 - Suicide Prevention Training (2022)

CONFERENCES/PRESENTATIONS/WORKSHOPS

- Trauma Research Foundation: Social Justice Summit
 - “How Understanding Safety is the Key to Collective Healing”
 - Virtual (Global), 2023, Conference Opener
- KCACTF Region III
 - “Intro to Mental Health Coordination”
 - Philadelphia, PA 2023
- Shakespeare Theatre Association, Keynote
 - “Mental Health for Theatre Artists”
 - Harrisburg, PA 2022
- Props Artisans National Alliance Conference
 - “Mental Health for Theatre Artists”
 - Virginia Beach, 2022

DIRECTING EXPERIENCE

The Line Between	Georgia Ensemble Theatre	Apprentice Company Devised Project (COVID Disrupted)
The Story	Niantic Women’s Correctional Facility: Project Restore	Devised project, Incarcerated women 18-35
Atlanta Speaks	Atlanta Housing Authority	Devised project, youth residents of Atlanta Housing Authority
Love’s Labour’s Won	Elm Shakespeare/New Haven Housing Authority	Devised Shakespeare project, youth residents of New Haven Housing

Authority

Musical Theatre Showcase	Georgia Ensemble Theatre	Devised musical, education program participants (Grades 6-9)
Much Ado About Nothing	Shakespeare Behind Bars	Applied theatre program for incarcerated men
Revolution Rehearsal	Recovery Rising	Devised Project, adult residents of a recovery program

INTIMACY AND MENTAL HEALTH DIRECTION EXPERIENCE

Spring Awakening	Jacksonville State University	Intimacy, Trauma, & Violence	<i>Dir. Carolyn Conover</i>
Ordinary Days	Stage Door Theatre	Intimacy Director	<i>Dir. Keena Redding</i>
Christmas Carol	Stage Door Theatre	Intimacy Director	<i>Dir. Kelly Johnston</i>
Penelopiad	University of Georgia	Intimacy Director	<i>Dir. Eliana Marianes</i>
Romeo and Juliet	Stage Door Theatre	Intimacy Director	<i>Dir. Justin Ball</i>
Poor Behavior	Stage Door Theatre	Intimacy Choreographer	<i>Dir. Kelly Johnston</i>
Taming of the Shrew	Great River Shakespeare	Mental Health Coordinator	<i>Dir. Lisa Wolpe</i>
12th Night	Great River Shakespeare	Mental Health Coordinator	<i>Dir. Beth Gardiner</i>
The African...Richard III	Great River Shakespeare	Mental Health Coordinator	<i>Dir. Corey Allen</i>
Winona Project	Great River Shakespeare	Mental Health Coordinator	<i>Dir. Beth Gardener</i>
Titus Andronicus	Island Shakespeare	Mental Health Director	<i>Dir. Scott Kaiser</i>
Cyrano de Bergerac	Island Shakespeare	Mental Health Director	<i>Dir. Eirn Murray</i>
Love's Labour's Lost	Island Shakespeare	Mental Health Director	<i>Dir. Jecamiah Ybanez</i>

THEATRE PERFORMANCE EXPERIENCE

Much Ado...Nothing	Beatrice, Dogberry	Atlanta Shakespeare Co. Tour	Cameryn Richardson
Circle...Transformation	Theresa	Stage Door Theatre	Kelly Johnston
Iphigenia in Quarantine	Lola	Working Title Playwrights	Kari Barclay
Jesus Hopped the A Train	Mary Jane Hanrahan	New Haven Theatre	Dexter Singleton
Love's Labors Lost	Boyet (u/s)	Elm Shakespeare	Rebecca Goodheart
Fat Juliet (A Solo Show)	Juliet	Georgia Ensemble Theatre	Lindsay Bytoff
Much Ado...Nothing	Beatrice	Wayfinders Ensemble	Lilly Baxley
Hamlet	Laertes	Atlanta Shakespeare Company	Jaclyn Hoffman
Henry V	Mistress Quickly	Atlanta Shakespeare Company	Andrew Houchins

Matilda: The Musical	Mrs. Wormwood	Onstage Atlanta	Abra Thurmond
Importance... Earnest	Cecily Cardew	Stage Door Theatre	Kelly Johnston
Christmas Carol	Present, Ensemble	Stage Door Theatre	Kelly Johnston
Romeo and Juliet	Mercutio	Stage Door Theatre	Willie Jones
Midsummer... Dream	Titania/Quince	Stage Door Theatre	Kelly Johnston
too far for comfort	Anna	Burning Bones Physical Theatre	Francis Mullinex
Macbeth	Banquo	Cincinnati Shakespeare Co.	Darnell Benjamin
Romeo and Juliet	Nurse, Tybalt	Cincinnati Shakespeare Co Tour	Jeremy Dubin
Merry... Windsor	Mistress Page	Cincinnati Shakespeare Co. Tour	Jeremy Dubin
Othello	Emilia (US w/perform)	Cincinnati Shakespeare Co.	Christopher V. Edwards
Much Ado... Nothing	Margaret	Atlanta Shakespeare Company	Laura Cole
Henry VI pt. Three	Duke of Exeter	Atlanta Shakespeare Company	Jeff Watkins
Henry VI pt. One	Countess of Auvergne	Atlanta Shakespeare Company	Jeff Watkins

MENTAL HEALTH CONSULTING

Lexington Children’s Theatre	Residency and Consulting	2022
PCPA Pacific Conservatory Theatre	Residency and Consulting	2022-2023
Jacksonville State University	Residency and Consulting	2022
Shakespeare & Company Education	Fall Festival, Mental Health Coordinator	2022
Justice Arts Coalition	Mental Health Coordinator	2021-2022
Alliance Theatre Education	Residency and Consulting	2022
Frontline Response	Mental Health First Aid Residency	2021
Shakespeare in Prisons Network	Mental Health First Aid Residency	2021

INTIMACY/MENTAL HEALTH COORDINATION (Film/TV)

Reprieve	Precision Entertainment	Intimacy Coordinator	2022
Americana Dream	Variety Independent Productions	Intimacy Coordinator	2022

ORGANIZATIONS

Shakespeare Theatre Association (Associate Member)

Shakespeare in Prisons Network (Member)

Association of Mental Health Coordinators (Co-Founder)

Georgia Professional Counselors Association (Student Member)